

WILTON MARTIAL ARTS
27 DANBURY ROAD
WILTON, CT. 06897
203-761-6622

Instructor

Sa Bom Nim David Bankowski
 6th Dan (Master Instructor)
 Tang Soo Do Mi Guk Kwan

Student Creed

1. I intend to use Tang Soo Do to develop myself in a positive manner, and I will avoid anything that would limit or reduce my mental growth or physical health.
2. I intend to develop self-discipline in order to bring out the best in myself and in others.
3. I intend to use what I learn in class constructively and defensively to help myself and my fellow man, and I will never be abusive or offensive.

Class requirements




- Please arrive 5 to 10 minutes prior to the start of class
- Orange belts must bring mouth guard to every class.
- Green belts and higher must bring mouth guard and sparring gear to every class.

www.wiltonmartialarts.com



SUMMER SCHEDULE
 June 24th – September 1st 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 - 10:30 ADULT / TEEN all level class		9:30 - 10:30 ADULT / TEEN all level class		 BUDDY WEEK <i>Runs 1st Monday thru Saturday of each month</i>	8:00 - 9:00 ADULT / TEEN FAMILY all level class
		10:30 - 11:30 CHILDREN All level class			9:00 – 9:45 BEGINNER children's class
4:15 – 4:45 PRE-BEGINNER	4:15 – 4:45 PRE-BEGINNER		4:15 – 4:45 PRE-BEGINNER	 KODANJA CLASS 6:30 – 8:00 <i>First Friday of each month</i>	9:45 - 10:30 INTERMEDIATE & ADVANCED children's class
4:45 – 5:30 BEGINNER children's class	4:45 – 5:30 BEGINNER children's class		4:45 – 5:30 BEGINNER children's class		
5:30 - 6:15 INTERMEDIATE & ADVANCED children's class	5:30 - 6:15 INTERMEDIATE & ADVANCED children's class		5:30 - 6:15 INTERMEDIATE & ADVANCED children's class		
6:15 - 7:15 ADULT / TEEN all level class	6:15 - 7:00 OPEN PRACTICE / PRIVATE LESSON TIME		6:15 - 7:15 ADULT / TEEN GUP CLASS		
7:15 - 8:15 ADULT / TEEN all level class	7:00 - 8:00 ADULT / TEEN all level class		7:15 – 8:15 ADULT / TEEN DAN CLASS		

BEGINNERS

White Belt / Yellow Belt / Orange Belt

INTERMEDIATE

Green Belt

ADVANCED

Red Belt / Dan Belt

W.M.A. also offers:

- The BEST B-Day Parties
- Private Lessons in Tang Soo Do, Weapons, and woman's self-defense

