



# Wilton Martial Arts

## Effective AUGUST 31<sup>st</sup>








### Student Creed

1. I intend to use Tang Soo Do to develop myself in a positive manner, and I will avoid anything that would limit or reduce my mental growth or physical health.
2. I intend to develop self-discipline in order to bring out the best in myself and in others.
3. I intend to use what I learn in class constructively and defensively to help myself and my fellow man, and I will never be abusive or offensive.

### Instructor

**Sa Bom Nim David Bankowski**  
**5<sup>th</sup> Dan (Master Instructor)**  
**Tang Soo Do Mi Guk Kwan**

[www.wiltonmartialarts.com](http://www.wiltonmartialarts.com)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
9:30 -10:30 Adult Class	<b>PRIVATE LESSONS WITH SA BOM NIM</b>		9:30 -10:30 Adult Class	 5:15 – 6:00 “Buddy Class” All levels bring a friend or come alone. <b>First Friday of each Month</b>	8:00 – 9:00 Adult Class		
4:00 – 4:45 White Belt Children	4:00 – 4:45 White Belt Children	4:00 – 4:45 White, Orange Belt Children	4:00 – 4:30 Pre- Beginner Children		9:00 – 9:45 White, Orange Belt Children		
4:45 - 5:30 Orange Belt Children	4:45 – 5:30 Orange, Green Belt Children	4:45 – 5:30 Green Belt Children	4:30 – 5:15 White, Orange Belt Children		9:45 – 10:30 Green, Red, Dan Belt Children		
5:30 – 6:15 Green, Red, Dan Belt Children	5:30 – 6:00 Sparring Orange Belt and up	5:30 – 6:15 Red, Dan Belt Children	5:15 – 5:45 Sparring Orange Belt and up	<b>First Friday of each Month</b> 			
6:15 – 7:15 Adult & Teen All Levels	6:00 – 6:45 Red, Dan Belt Children	6:15 – 7:15 Adult & Teen All Levels	5:45 – 6:30 Green, Red, Dan Belt Children			6:30 – 8:00 Dan Class <b>First Friday of each Month</b>	
7:15 – 8:15 Adult & Teen All Levels	7:15 – 8:15 Adult & Teen All Levels		7:15 – 8:15 Adult & Teen All Levels				